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Hormones & Treatment results after taking Finasteride

Symptoms	Remarks
Tense tingling vision	This was actually the first symptom I noticed, its like I can't hold focus without flickering.
Trouble concentrate	
Decreased libido	No urge to do it, and no spontaneously erections anymore.
Bad short term memory	
Dizziness	When I concentrate too much, I get dizzy.
Decreased energy level	Has improved since I started working out, but I'm still dead at 6pm.
Muscle waste	
Brain fog	My main issue.
No hairloss	I even still have the hair I regrew on Propecia.
Decreased stress threshold	Just being in a crowd stresses me out.
Decreased feelings	No interest in things anymore.
Decreased motivation	I just want to be left alone and do nothing.

Treatments	Duration	Remarks
Propecia	2000 – 2004	Was off propecia for ½ year after symptoms started, but began propecia again.
Stopped Propecia for good	Mid 2004	
Vitamins, Herbs	2001 –	No noticeable improvements.
Zink	2001 – 2001	Feeling worse
Seroxat	Early 2003 – Late 2003	Felt even more spaced out, but I got rid of my anxiety.
Working out	Early 2004 –	Gave me more energy
Healty Diet, no sugar and white bread. More fruit and green	Late 2005 –	Made me feel a little "tense". Almost never has headache

stuff.		since starting this.
Tyrosine, GPC, ALC according to the "Edge Effect"	Jan 2006 –	No noticeable improvements.
TRT	Feb 2006 –	No results yet

Date	Test	Result	Reference	Remarks
4. Feb 2005	Testosterone	10.6 nmol/l	(8.0 – 30.0)	
4. Feb 2005	LH	2.3 iu/l	(1.0 – 10.0)	
4. Feb 2005	FSH	1.4 iu/l	(1.0 – 15.0)	
4. Feb 2005	SHBG	23 nmol/l	(10 – 75)	
4. Feb 2005	Estradiol	<0.04 nmol/l	(0.0 – 0.2)	
23. Feb 2005	Testosterone	8.0 nmol/l	(8.0 – 30.0)	
23. Feb 2005	DHT	0.91 nmol/l	(0.8 – 2.8)	
23. Feb 2005	Prolactin	0.10 iu/l	(0.08 – 0.46)	
14. Mar 2005	Testosterone	8.2 nmol/l	(8.0 – 30.0)	
14. Mar 2005	LH	2.0 iu/l	(1.0 – 10.0)	
14. Mar 2005	FSH	1.3 iu/l	(1.0 – 15.0)	
14. Mar 2005	SHBG	19 nmol/l	(10 – 75)	
14. Mar 2005	Estradiol	<0.08 nmol/l	(0.0 – 0.2)	
14. Mar 2005	IGF-1	164	(94 – 252)	
14. Mar 2005	Prolactin	0.11 iu/l	(0.08 – 0.46)	
16. June 2005	Testosterone	17.9 nmol/l	(8.0 – 30.0)	1 week into clomid treatment
16. June 2005	LH	8.7 iu/l	(1.0 – 10.0)	
16. June 2005	FSH	2.6 iu/l	(1.0 – 15.0)	
16. June 2005	SHBG	24 nmol/l	(10 – 75)	
16. June 2005	Estradiol	0.10 nmol/l	(0.0 – 0.2)	
16. June 2005	Prolactin	0.24 iu/l	(0.08 – 0.46)	

25. July 2005	Testosterone	35 nmol/l	(8.0 – 30.0)	5 weeks into clomid treatment
25. July 2005	LH	11 iu/l	(1.0 – 10.0)	
25. July 2005	FSH	4 iu/l	(1.0 – 15.0)	
25. July 2005	SHBG	25 nmol/l	(10 – 75)	
25. July 2005	Estradiol	0.22 nmol/l	(0.0 – 0.2)	
25. July 2005	Prolactin	0.13 iu/l	(0.08 – 0.46)	
12. Sep 2005	Testosterone	16.5 nmol/l	(8.0 – 30.0)	1 month after stopping clomid.
12. Sep 2005	LH	2.8 iu/l	(1.0 – 10.0)	
12. Sep 2005	FSH	1.7 iu/l	(1.0 – 15.0)	
12. Sep 2005	SHBG	31 nmol/l	(10 – 75)	
12. Sep 2005	Estradiol	0.14 nmol/l	(0.0 – 0.2)	
12. Sep 2005	Prolactin	0.15 iu/l	(0.08 – 0.46)	
23. Nov 2005	Testosterone	16.9 nmol/l	(8.0 – 30.0)	3 months after stopping clomid.
6. Jan 2006	Testosterone	13.5 nmol/l	(8.0 – 22.0)	5 month after stopping clomid.
6. Jan 2006	LH	3.0 iu/l	(1.0 – 10.0)	
6. Jan 2006	FSH	1.8 iu/l	(1.0 – 15.0)	
6. Jan 2006	SHBG	25 nmol/l	(10 – 75)	
6. Jan 2006	Estradiol	0.11 nmol/l	(0.0 – 0.2)	
03. Mar 2006	Testosterone	13.9 nmol/l	(8.0 – 22.0)	On TRT 100mg/week for 5 weeks, Taken 1 day before the shot.
03. Mar 2006	Estradiol	0.7 nmol/l	(0.0 – 0.2)	