

0) Where are you from (country)?

India.

1) How did you find this forum (Google search -- if so, what search terms? Via link from a forum or website -- if so, what page? Other?)

Finpecia side effects, finasteride side effects., One pill of finasteride.

2) What is your current age, height, weight?

23, 5' 11", 83.

3) Do you exercise regularly? If so, what type of exercise? yes..Badminton Practice.

4) What type of diet do you eat (vegetarian, meat eater, raw, fast-food/organic healthy)?

Vegetarian-Rice and Curry and Non Vegetarian(Occasionally-chicken)

5) Why did you take Finasteride (hair loss, BPH, other)?

Hair Loss

6) For how long did you take Finasteride (weeks/months/years)?

1 day

7) How old were you, and WHEN (date) did you start Finasteride?

23

8) How old were you when you quit, and WHEN (date) did you quit?

23

9) How did you quit (cold turkey or taper off)?

Immediate side effects like less libido, watery ejaculate

10) What type of Finasteride did you use - Propecia, Proscar, Fincar or other generic?

Finpecia

11) What dose did you take (eg. 1 mg/day, 1 mg every other day etc.)?

Just 1mg that's all for 1 day

12) How long into your use of Finasteride did you notice the onset of side effects?

1 day

13) What side effects did you experience while on the drug *that*

have yet to resolve since discontinuation?

ED- Difficulty not that much ...but slight curvature

Watery Ejaculate (sometimes watery sometimes thick)

Brain Fog after masturbating.

Anxiety and depression

Put an X beside all that apply:

Sexual

☒ Loss of Libido / Sex Drive (not complete but considerably low)

☒ Erectile Dysfunction

☐ Complete Impotence

☐ Loss of Morning Erections

☐ Loss of Spontaneous Erections

☐ Loss of Nocturnal Erections

☒ Watery Ejaculate

☐ Reduced Ejaculate

☐ Inability to Ejaculate / Orgasm

☐ Reduced Sperm Count / Motility

Mental

☒ Emotional Blunting / Emotionally Flat

☐ Difficulty Focusing / Concentrating

☒ Confusion

☒ Memory Loss / Forgetfulness

☐ Stumbling over Words / Losing Train of Thought

☐ Slurring of Speech

☒ Lack of Motivation / Feeling Passive / Complacency

☒ Extreme Anxiety / Panic Attacks

☒ Severe Depression / Melancholy

☐ Suicidal Thoughts

Physical

☐ Penile Tissue Changes (narrowing, shrinkage, wrinkled)

☒ Penis curvature / rotation on axis

☐ Testicular Pain

☐ Testicular Shrinkage / Loss of Fullness

- ☐ Genital numbness / sensitivity decrease
- ☐ Weight Gain
- ☐ Gynecomastia (male breasts)
- ☐ Muscle Wastage
- ☐ Muscle Weakness
- ☐ Joint Pain
- ☒ Dry / Dark Circles under eyes

Misc

- ☐ Prostate pain
- ☐ Persistent Fatigue / Exhaustion
- ☐ Stomach Pains / Digestion Problems
- ☐ Constipation / "Poo Pellets"
- ☐ Vision - Acuity Decrease / Blurriness
- ☒ Increased hair loss
- ☐ Frequent urination
- ☐ Lowered body temperature

☐ Other (please explain)

14) What (if any) treatments have you undertaken to recover from your side effects since discontinuation of the drug?

Yup..I tried Ashwagandha arishta ..it helped me in regaining some lost libido..also did help in ED because of which Im kinda feeling ok..compared to previous weeks.

15) If you have pre or post-Finasteride bloodtests, what hormonal changes have you encountered since discontinuing the drug (pls post your test results in the "Blood Tests" section and link to them in your post)?

NOPENO TESTS

16) Anything not listed in the above questions you'd like to share about your experience with Finasteride?

NONE ELSE

17) Tell us your story, in your own words, about your Finasteride usage and side effects experienced while on/off the drug.

I took just one pill of 1mg of Finpecia on a Friday night, that's all it took to get me here. Immediately I found myself losing my libido and immediately masturbated to see how things were and to my surprise...watery ejaculation..I thought this was temporary..but next morning..i googled this stuff and that's when things got worse...anxiety and depression..Brain fog to my surprise...Not able to concentrate well on my stuff...May be because of my frequent masturbation..to be frank I was a porn addict and a masturbation addict too...I can't imagine this scenario in my life. After going through the propeciahelp forums I found out that masturbation only makes it worse. Sometimes if I quit masturbating for a day..i felt much better. Till now I ve been daily masturbation once a day since 3 weeks. Had mild testicle pain (very momentary I mean a few secs) but it all went away soon enough. So far I must say my ejaculate quantity increased and so did my sperm count but not completely. Im presently using ashwagandha arishta and triphala ras to help me in my recovery.....I need serious help regarding this issue..if possible a good advice...Im really confused and full of regret that I ever took that single pill in my life...Will I recover, Will I gain back my self..Please reply...Suggestions, questions, and advices will be highly appreciated...Thank You